

WORKSHOP

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Dementia services today-tomorrow

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Background: Dementia is the most common disorders of old age. It is predicted that between 2011 and 2020 it will increase 100% in western world and 300% in China, India, and other South Asian countries. Therefore, it is important to know how to diagnose and manage dementia and how to run dementia services that are medico-socio-culturally competent to look after people with dementia in the 21st century including advances in person centered care.

Objectives: Imparting skills in the management of dementia at present and in future.

Materials and Methods: Various clinical, sociocultural, and environmental issues related to dementias will be discussed. Presently available dementia treatment modalities and management strategies will be outlined and strategies for future will be discussed.

Results and Conclusions: The audience will be equipped and trained in dementia management strategies for present and future.

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Female sexual dysfunction: The step daughter of psychiatric research in India!

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Background for conducting workshop: Female sexual dysfunction has been a culturally sensitive issue in India. Globally, the prevalence of sexual dysfunction is as high as 40–50%. Literature searches across databases such as PubMed, MEDLINE, and PsychINFO identified sparse studies from India. Moreover, the quality of research is largely confined to case reports with very few studies on original research. There is larger contribution from other medical specialties. There is not even a single randomized controlled trial (RCT) or systematic review on this topic from India. *Aims and Objectives of the workshop:* This workshop intends to sensitize psychiatrist, psychologist, and allied mental health professionals to this neglected subsection of psychiatry. *Topics covered:*

Epidemiology of female sexual dysfunction
Types of female sexual dysfunction
Sexual dysfunction in female psychiatric patients
Sexual dysfunction and substance abuse
Sexual dysfunction associated with general medical condition
Psychopharmacological and psychotherapeutic management
Indian scenario: Shame, stigma, cultural barrier, lack of knowledge, attitudinal influences, misconceptions, and countertransference.

Expected audience: Psychiatrist, psychologist, and allied mental health professionals. *Materials:* Information material shall be distributed. *Overall description of workshop:* Varied clinical scenarios shall be discussed among the participants. Role play simulating doctor patient interactions in female sexual dysfunction shall be done. Use of rating scales shall be discussed. Interactive group discussion shall be held on barriers and lacunae in existing